



Best Teething Puppy Toys of 2026: Chews, Treats & More



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If you're reading this article, there's a chance you and your favorite pair of shoes might have been victim to those razor-sharp puppy teeth. You're looking for some non-shoe

solutions to help aid your uncomfortable puppy. Teething can start as soon as three weeks old, and it can last through six months, so you and your poor pup are going to be going through it for a while.

But we're here to help with safe teething-toy recommendations that will help provide your puppy some much-needed relief and give you peace of mind. That said, even though your pup is happily chewing away, that doesn't mean you can check out and doomscroll. Or even worse, leave them alone with the chew toy.

Remember, anything can become a choking hazard and puppies can injure their mouths on chew toys. They should be closely monitored at all times, and the toys should be placed far out of reach when they're not being watched.

Btw, our editors (and their pets) picked out these products. They're always in stock at the time we publish, but there's a chance they'll sell out. If you do buy through our links, we may earn a commission. (We've got a lot of toys to buy over here, you know?)

Understanding puppy teething

You can try to use vet-approved pain relievers and train your puppy out of chewing, but the honest reality is that they need to chew on teething toys. It's instinctual, so you'll need to provide them with safe ways to do that. When shopping for teething toys, you should keep in mind their size, their personality, and their preferences. Do they like some enrichment while they chew? Are they persistent chewers?

These are some of the hypothetical questions we asked when we put together this list for you. There's something for every pup, from textured rubber chewing toys to frozen teething toys that'll provide a treat as well as relief.

Overall best toys for teething puppies

- Best rubber and nylon chew: Nylabone Puppy Power Rings, \$10
- Best rope toy: Playology Peanut Butter Scented Rope Dog Toy, \$13
- Best frozen teething toy: Kong Puppy Toy Natural Teething Rubber, \$7
- Best dental chew: Benebone Puppy 2-Pack Dental Chew, \$14
- Best treat: N-Bone Puppy Teething Treats, \$5

Best toys for teething puppies

Below, we have gathered our top picks for each category, considering online pet-parent reviews, as well as what we look for in products as a staff of pet parents and guardians who care about quality and safety.

Choosing the best teething toys for puppies

When choosing teething toys for your pup, there are a few factors you will want to consider.

Size and durability

Making sure your puppy has the right-sized chewing toy is so important for their safety. If the toy is too small, it can become a choking hazard. On the other hand, if it's too large, it might be too tough on their little mouths. Teething pups need a delicate balance of soothing, which will help alleviate pain, and durability, ensuring that their toys can hold up under heavy chewing.

Material quality

Pet parents should make sure they're opting for high-quality teething toys from reputable brands, like the ones we carefully chose for this list. These brands have designed heavy-duty toys that will help your pup dislodge any loose teeth and help support the ones growing underneath.

Safety features

The toys on this list have been designed to avoid choking hazards and other mouth injuries. However, the most important safety feature lies with pet parents, especially during the teething phase. Pet parents should supervise their puppies while playing with toys and never leave them out while their puppy is left alone.

Teething toys for small-breed puppies

These toys are designed as safely as possible for your pup to help avoid choking hazards and other mouth injuries. However, puppies can be chaotic, and it's up to you as the pet parent to keep a very close eye on them when they're chewing. Anything can become a choking hazard if a puppy is left unattended. These toys should never be left out when they're unsupervised. Plus, they should be thrown and switched out when they're worn down — only one treat on this list is edible.

Teething toys for large-breed puppies

Small breeds often develop teeth issues later in life, so it's important to make sure the chewing toys are soft enough for your small puppy. Don't let them chew too long to prevent mouth injuries.

Teething toys for large-breed puppies

A large-breed puppy doesn't have the same teeth as an adult dog, but pet parents make the mistake of giving their puppy toys meant for large dogs. This can hurt their mouths and not provide the relief they're looking for.

There are options on this list that are meant specifically for larger puppies. That said, make sure that the puppy toys you're looking at aren't meant for a smaller-breed puppy, because they can easily become choking hazards for your larger pup.

Contributor

Alicia Kort is a writer and editor living in Brooklyn. Her work has appeared in *Esquire*, *InStyle*, *Apartment Therapy*, *The Kitchn*, *Parade Home & Garden*, *Newsweek*, *Interview*, *Brooklyn* magazine, and more. In her free time, she runs, reads, and spends time with her dog-nieces, Maya and Lady, and her cat-niece, Pepper. In her work, she focuses on pet behavior, pet-friendly spaces, and the lifestyle commerce space.

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1. At what age do puppies need teething toys?

Starting at 12 weeks, most puppies can use teething toys. But like we mentioned, every teething toy has specifications. Make sure to clearly read the label to see if it's intended for your puppy or not.

2. What can I give my teething puppy?

You should give your puppy toys that are advertised as teething toys, like the ones we picked on this list. If your pup is past the teething stage, you should check out our list of our favorite puppy chewing bones.

3. How long does the puppy teething stage last?

The puppy teething stage can last for weeks. Some puppies start teething as early as three weeks old. Their teething stage usually peaks around 12 to 16 weeks, when they'll need the most relief.

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