

3 Tips For Maintaining Your Cat’s Dental Health

Published February 10, 2026

Grooming your cat, playing with your cat, and making sure they’re eating a balanced diet are all great ways to take care of your feline friend. But given that oral health issues can be common in cats, your cat’s dental health should be top of mind, too. Thankfully, there are easy steps you can take to help take care of your cat’s teeth and gums.

Healthy Teeth Tips for Cats

Tip #1: Regularly Check & Brush

Make it a habit to inspect your cat's teeth for discoloration, swelling, or redness. Incorporate this routine into your cat care to catch dental issues early. Introduce tooth brushing using feline-friendly toothpaste and a soft brush for proactive oral hygiene care.

Tip #2: Schedule a Vet Visit

It's important to control dental plaque and tartar accumulation to maintain healthy teeth and gums. So, be sure to take your cat to the vet for professional teeth cleaning and

exams.

Tip #3: Give a Dental Treat

Another way to help control plaque and tartar buildup is with a tasty daily dental treat. A daily dental treat is an effective (and delicious) way to help maintain your cat’s oral health.

The Science Behind the Treat: How Can Cat Dental Treats Help?

Excessive licking of their teeth or drinking lots of water won’t help reduce plaque and tartar buildup. It’s chewing and crunching actions that support good dental health in cats. The more cats chew, the more opportunity there is to mechanically scrub the plaque and tartar from their teeth. When fed the recommended number of treats per day as part of a dental care routine, dental treats like FELINE GREENIES™ Dental Treats can help maintain healthy teeth and gums.

Make 2024 the year of making well-being wonderful for your cat, starting with supporting their teeth.

Happy Dental Health Month from all of us at GREENIES™!

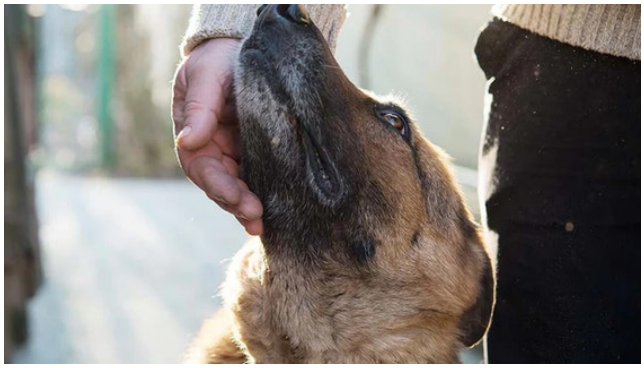
Table of Contents
More Articles Like This



4 Ways for You and Your Dog to Fall in Love with Fall

This summer, you and your dog probably enjoyed countless hours playing fetch outside and soaking up the sun. While the leaves may be changing color and the air may be cooler, that doesn’t mean the end of outdoor fun for the year. Fall is a wonderful time for you and your dog to get out of the house and enjoy the crisp,

READ MORE



Caring for Your Senior Dog as They Age

While we wish our dogs could be by our sides for our whole lives, we know that dogs age at a faster rate than humans. Most dogs are considered “senior” once they reach about seven or eight years old, while larger breeds tend to be considered senior around six years old. Caring for an elderly dog means keeping an eye ou

READ MORE



Do Dogs Need Supplements? Signs, Benefits & Expert Insights

We’re here to let you in on a little secret: Dietary supplements for pets aren’t just for senior dogs; they can be great for adult dogs of all ages, shapes and sizes! Think about your own medicine cabinet — you take supplements regularly to support your overall health. The same goes for dogs: human supplements for you,

READ MORE



Caring for your Pet’s Health with GREENIES™ Treats

At the GREENIES™ Brand, we believe treats should not just taste good, but they should do good. Here are few things to keep in mind when buying a dental treat or chew. Try to avoid hard chews, bones or rawhides that might damage teeth. Look for a dental dog chew that is flexible, easy to chew and digestible like GREENIE

READ MORE

Source URL:
https://www.greenies.com/blogs/what-were-barking-about-greenies/3-tips-for-maintaining-your-cat-s-dental-health