



---

3 Tips For Maintaining Your Dog's Dental Health



## 3 Tips For Maintaining Your Dog's Dental Health

Published February 10, 2026

SHARE

- [Facebook \(opens in new window\)](#)
- [Twitter \(opens in new window\)](#)
- [Pinterest \(opens in new window\)](#)
- [Download \(opens in new window\)](#)
- [Email \(opens in new window\)](#)
- [Print \(opens in same window\)](#)

Playing fetch, grooming their coat, and making sure they're eating a balanced diet are all great ways to take care of your beloved pup. But given that adult dogs can experience oral health issues, your dog's dental health should be top of mind, too. Thankfully, there are easy steps you can take to make sure your dog's teeth and gums stay healthy.

### Dental Care Tips for Dogs

#### Tip #1: Know The Signs

Make it a habit to inspect your dog's teeth for discoloration, swelling, or redness. Incorporate this routine into your dog care to catch dental issues early. Introduce tooth brushing using dog-friendly toothpaste and a soft brush for proactive oral hygiene care.

#### Tip #2: Schedule Regular Professional Cleanings

Controlling plaque and tartar accumulation on dog teeth is important to maintain healthy teeth and gums. Removing plaque generally requires mechanical means, and one way to do that is to take your dog to the vet for professional teeth cleaning. We all know professional dental cleanings are important for people, and semi-annual or annual dental cleanings by a veterinarian are just as essential for dogs. An in-depth tooth and gum analysis, and professional cleaning from a qualified veterinarian at least once a year, can

help paint the total picture of your dog's oral health.

### **Tip #3: Give a Dental Treat**

Another way to help mechanically remove plaque buildup is with a good dental treat. Dental treats for dogs are an effective (and delicious) way to help maintain your dog's oral health.

## **The Science Behind the Treat: How Can Dog Dental Treats Help?**

It's all in the texture! [GREENIES™ Dental Treats](#) feature a delightfully chewy texture designed helps dogs sink their teeth into the treat with each bite GREENIES™ dental treats have the Veterinary Oral Health Council seal of acceptance for effectively controlling plaque and tartar. In independent dental testing, dogs receiving one GREENIES™ Dental Treats per day averaged 54% less tartar accumulation, 47% less plaque accumulation in a 28-day feeding study compared to dogs who only received dry dog food alone.

Make 2024 the year of supporting healthy teeth and gums for your best doggy friend. Happy Dental Health Month from all of us at GREENIES™!

## **Table of Contents**

### **More Articles Like This**



#### **[Activities and Supplements to Support Joint Health for Older Dogs](#)**

If your pup is getting a little gray in their muzzle, they might have lost a little pep in their step or started stumbling over obstacles they used to spring over. As our dogs age, their mobility will decrease, just like it does for humans. And as with people, the healthy thing to do for both body and mind is to stay a

[READ MORE](#)



#### **[3 Tips For Maintaining Your Cat's Dental Health](#)**

Grooming your cat, playing with your cat, and making sure they're eating a balanced diet are all great ways to take care of your feline friend. But given that oral health issues can be common in cats, your cat's dental health should be top of mind, too. Thankfully, there are easy steps you can take to help take care of

[READ MORE](#)



## [4 Ways for You and Your Dog to Fall in Love with Fall](#)

This summer, you and your dog probably enjoyed countless hours playing fetch outside and soaking up the sun. While the leaves may be changing color and the air may be cooler, that doesn't mean the end of outdoor fun for the year. Fall is a wonderful time for you and your dog to get out of the house and enjoy the crisp,

[READ MORE](#)



## [4 Tips for Dog Oral Care](#)

Taking care of your dog's oral health is an important part of being a pet parent. Setting up a regular oral healthcare routine will help ensure they have clean teeth, fresh breath and a healthy smile. Here are four tips for helping your dog be at their best when it comes to caring for their mouth. Take an Up-close Look

[READ MORE](#)

---

### **Source URL:**

<https://www.greenies.com/blogs/what-were-barking-about-greenies/3-tips-for-maintaining-your-dog-s-dental-health>